

## Healthwatch Summit 2025

# Mental Health – Closing the gaps

Wednesday 8<sup>th</sup> October 2025,

Delta Marriott Hotel, Kingfisher Way, Huntingdon, PE29 6FL

### Agenda and Workshop information

#### Summit Aims:

- To raise awareness of Mental Health
- To listen to people with lived experience

9.00	Tea, Coffee and Breakfast Rolls, Networking and stalls
9.45	Welcome and Introductions – <b>Chair, Jonathan Jelley MBE JP</b>
9.55	HM Vice-Lord Lieutenant, <b>Brigadier Tim Seal TD DL</b>
10.05	Retired Olympic Gymnast <b>Louis Smith MBE</b> – Guest Story
	Q & A
10.30	<b>Sarah Hughes</b> , CEO, MIND
	Q & A
10.55	<b>Steve Grange</b> , CEO, CPFT
	Q & A
11.20	Time to move to breakout sessions
11.30	Breakout sessions
12.30	Buffet Lunch in restaurant
13:15	Time to move back to main summit room
13.30	Question Time – Panellists Q&A – Hosted by Chair.
	Our panel:
	1. <b>Jonathan Wells</b> (Former Carer and Advocate)
	2. <b>Dr Helen Gilbert</b> (The Kings Fund)
	3. <b>Matt Gladstone</b> (CEO, Peterborough City Council)
	4. <b>Jan Thomas</b> (CEO, Integrated Care Board)
14.30	Chair – Key Points from the day with input from our Breakout sessions.
14.45	<b>Jess Slater</b> , CEO, Healthwatch Cambridgeshire and Peterborough
14.50	Close