

Carers Partnership Board

Hybrid Meeting held via Zoom and at Maple Centre Huntingdon Minutes 20.07.21

1 Present

AB	Annie Bamforth	Independent Member
ABo	Alison Bourne	CCC - Commissioner
KC	Kadie Chapman	Independent Member
BC	Bianca Cotterill	Independent Member
SdP	Stuart de Prochnow	Independent Member
WD	Wendy Dunn	Alzheimer's Society
HE	Helen Eaves	Centre 33
MF	Michelle Foster	CCC - Commissioner
LG	Laura Green	CCC - Carers Support Team
GH	Graeme Hodgson	CCC - Commissioner
SH	Sue Honour	Independent Member - Chair
TJ	Teresa Jude	PCH - Carer Advisor
CK	Charlotte Knight	CCC - Commissioner
WL	Wendy Lansdown	CCC - Think Communities Coordinator
KL	Kelly Law	PCC - Information Team
GL	Graham Lewis	Healthwatch Cambridgeshire and Peterborough
SM	Siobhan McBean	CCC - Disability Social Care age 0-25
AM	Andy McGowan	Caring Together
JM	Jason Merrill	Family Voice
JS	Joseph Simon	Independent Member

Apologies

Dennis Pinshon, Gillian Loveday, Michelle King.

2 Minutes of the previous meeting and Action Log

The minutes of the meeting held on 18th May 2021 were approved.

The Action Log was reviewed - Actions 128 and 137 are items in progress (137 is being discussed today); action 138 is completed.

3 Feedback from Independent Members

KC Hasn't been able to find updated guidance, following the easement of regulations on 19th July, around covid-19 for the management of the team that surrounds her son.

LG Will follow up with GH

LG This is the link to the Council's information for carers:
<https://www.cambridgeshire.gov.uk/residents/adults/looking-after-someone>

Action: This is to be fed back to the Adult Social Care Forum by GL

Post meeting note:

People can contact the Direct Payment Support Services for guidance, whether they use the payroll service or not.

Cambridgeshire - People Plus

Email: ilscambridgeshire@peopleplus.co.uk

Telephone: 0330 123 2815

Peterborough - PCVS

E-mail: pcvs@pcvs.co.uk

Telephone: 01733 342 683 / 01733 311 016

SdP Carers Support Groups went online in March 2020. SdP does not have access to the internet and wondered when they would start to be face to face again. AM said that Caring Together have re-started face to face groups. AM will send some information to SdP as it was appreciated this has only recently restarted and only been promoted via the internet.

4 Feedback from other meetings and the Adult Social Care Forum

GL Adult Social Care Forum have identified a number of priorities that they are going to focus on and have developed an action plan. The key areas are:

- Digital Inclusion and Exclusion
- Transitions
- Support to embed co-production in Council and Health activities.

GL A task and finish event was held on a project to improve 3 parks in Cambridgeshire and Peterborough

5 Recruitment Strategy for Carers to join the Partnership Board

GL The Partnership Board has Independent Members (Carers) from all parts of Cambridgeshire and Peterborough, reflecting the needs of urban and rural carers. The Carers also reflect the breadth of caring that takes place: sibling, partner, parent, child, or young adult. We are constantly promoting the opportunity to be a member of the Partnership Board and aiming to increase numbers or replace members who, for whatever reason, have left.

A range of suggestions were made as to where we could promote the opportunity:

- PCVS newsletter
- Caring Together's Carers Voice
- Parish Council magazines/newsletters
- Pinpoint magazine
- Think Communities

6 Think Communities

Wendy Lansdown (Think Communities Coordinator, Strengthening Communities Team, Cambridgeshire County Council) gave a presentation on 'Think Communities'. Each district area in Cambridgeshire and Peterborough has a Think Communities team.

Think Communities is an all-age place-based community approach to build resilient communities. It works in partnership with all levels of local government, voluntary and community sector, public sector and local businesses.

By working together, they can all better support, strengthen and empower people living in the area. They can build communities that:

- Have the confidence to do more for themselves
- Are thriving, inclusive and take positive action
- Are proud of their local initiatives and invested in the future
- Where people have the skills, resources, services, knowledge, and expertise they need to help themselves
- Where people feel safe and are healthy

An example of Think Communities in action is the organic community response to the pandemic, when local communities stepped in to help neighbours with tasks such as shopping, collecting medications etc.

7 Update from All Age Carers Service

AM Caring Together

- Training courses are proving popular.
- Counselling Service has seen 35 people.
- Also are working together with Family Voice and Pinpoint to look at transitions.
- Exploring www.Sparko.TV which enables people to connect with family, friends and services through their televisions.

HE Centre 33

- Year 6 students that are young carers are being prepared to go to secondary schools, ensuring that the appropriate support is in place for one they start their new schools.
- In person work has restarted.
- Seeing an increase in referral of sibling carers.

- Working with CAMH re young carers supporting people with eating disorders.

GL Making Space
Gillian Loveday had sent her apologies but informed GL that they are now delivering face to face support.

8 Update from Commissioner

GH The Council's are looking at Individual Service Funds (ISF's) which are mentioned in the Care Act. These might be of interest to some people who are eligible for Direct Payments, but who are not wanting to take on the administration such as HR and Finance. People will be assessed and awarded a personal budget, but this is administered on their behalf by a trusted provider of their choice from a list of registered providers (e.g. an agency they already know). ISFs ensure that people get the support they need in the way that they want it, from multiple sources, but with minimal bureaucracy, as long as the services accessed meet eligible care needs.

JM Have these been discussed with people who use services?

GH The ISF's are being looked at and then co-production with people who use services and potential providers will take place.

AB Receives direct payments via Continuing Health Care (CHC), but these are very restricted.

GH CHC direct payments are part of the NHS, whereas GH is talking about packages from Cambridgeshire County or Peterborough City Council's.

GH If anyone has any questions or concerns about ISF's they can contact him on: Graeme.hodgson@cambridgeshire.gov.uk

9 Older People's Accommodation Needs Assessment and Care Suites

AB Cambridgeshire County and Peterborough City Council's have started to look at what type of accommodation older people may want in the future, accommodation that meets their needs for support but also ensuring their independence.

There is currently a mix of:

- care in the person's home
 - assistance with getting up, washing, eating, going out etc
 - technology enabled care
- retirement homes
- care homes
- nursing homes

The Councils are also looking at a new idea called 'Care Suite's'. These are studio flats in a complex that gives the person access to assistance if they need it, but also allows them to live independently. Whilst people live in traditional retirement, care and nursing homes on a lease basis, care suites would be on a tenancy basis which gives people a lot more security in terms of how long they can live there and so feel really at home. People living in care suites would also have access to communal facilities such as a laundrette, lounge and dining room. Their studio flat would also have a small kitchen facility for making drinks or meals if they wish.

This suggestion was welcomed by the Partnership Board. On looking at the plans that were presented, it was noted by the Partnership Board that people would possibly need to be able to bring in their own furniture to make it 'homely' rather than have an institutional feel.

10 Any Other Business

Partnership Support Officer

The position is now being promoted, closing date 16th August
<https://www.healthwatchcambridgeshire.co.uk/work-us>
<https://www.healthwatchpeterborough.co.uk/work-us>

Support Group for Parent Carers of Young Adults

SM has been speaking with a parent carer of a young adult who has not found the current groups for parents helpful as they are focussed on parents with school age children. AM said that this could be looked at.

Covid-19, hospitalisations and carers

TJ advised that hospitals are preparing for a 3rd wave of Covid-19.

TJ also noted that Carers are not always being allowed in with their cared for. TJ advised that if people brought their 'what if' cards or other evidence of being a carer then hopefully they will be able to attend appointments or visit the wards.

Date of next meeting

Date: Tuesday 14th September
Time: 11am to 1pm
Venue: Huntingdon Library*
Princes Street
Huntingdon

* subject to guidance relating to Covid-19 in place at the time; if it is not possible to be an in person meeting, it will be on zoom.